

LUNCH MENU

Available from 12-2pm (except Sundays)

Rustic Welsh Rarebit, crispy bacon, spiced pear chutney	£4.95
'Graze' Soup of the day (V)	£3.75
Garlic mushroom ragout (V)	£4.75
Char-grilled chicken Caesar salad	£5.95
Thai style salmon & crab fishcake(s)	£4.95
Linguine pomodoro (V)	£5.75
Penne pasta with salmon and pesto	£6.95
Tagliatelli with basil pesto (V)	£5.95
Butternut squash & sage risotto (V)	£5.95
Chicken, bacon, leek & tarragon pie, with chips	£7.95
Vegetable, chick pea & lentil goulash (V)	£7.95
Steak, mushroom & Guinness pie, with chips	£8.50
6oz Celtic Pride Beef burger, chips	£7.95
'Graze' Spicy, vegetarian or classic Italian 'Posh' Pizza	£7.95

Sandwiches:

<i>(Ciabbatta, granary or white baguette, Granary or white bloomer – served with chips)</i>	
Celtic Cuisine ham, red onion marmalade, salad	£3.95
Mediterranean Tuna mayo	£3.95
Collier's mature Cheddar, spiced pear chutney, salad	£3.95
Coronation chicken	£3.95

Please inform the duty Manager in the event that you have any special dietary requirements or if you are sensitive or allergic to any of our ingredients

We trust that you will enjoy your meal. GRAZE is an independent restaurant owned and managed by CAPITAL CUISINE, if you have any comments or suggestions please tell the manager or write to Capital Cuisine, Unit 4a Swanbridge Court, Bedwas House Ind Est, Caerphilly, CF83 8DW

CHILDREN'S MENU

(Only available for the little ones!)

Thai style salmon & crab fishcake(s)	£4.95
Linguine pomodoro (v)	£5.75
Penne pasta with salmon and pesto	£6.95
Tagliatelli with basil pesto (v)	£5.95
Margherita pizza (cheese & tomato)	£4.50
Mini fish & chips with mushy peas	£4.95
Sausage and mash	£4.50
Side salad	£1.50
Children's chunky chips	£1.50
Children's mixed vegetables	£1.50

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BAR SNACK MENU

Marinated olives (v)	£2.95
<i>With garlic, chilli, olive oil and herbs</i>	
Turkish hummus and pesto (v)	£3.75
<i>With warm pitta bread</i>	
Rustic country bread basket	£2.95
<i>With balsamic vinegar and extra virgin olive oil</i>	
Sweet potato wedges (v)	£3.75
<i>With sweet chilli sauce and mayo</i>	
'Graze' Soup of the day (v)	£3.75
Corn nachos (with melted cheese, guacamole & sour cream)	£4.75
Garlic mushroom ragout (v)	£4.75
Thai style salmon & crab fishcake(s)	£4.95
Rustic Welsh Rarebit, crispy bacon, spiced pear chutney	£4.95
6oz Celtic Pride Beef burger, chips	£7.95
'GRAZE' vegetarian sharing platter (v)	£8.75
<i>Marinated olives, sun-blushed tomato and paprika pâté, pesto, humus, pitta bread, rustic breads with balsamic dipping oil and ratatouille chutney</i>	
'GRAZE' Mediterranean sharing platter	£9.95
<i>Mixed Italian cured meats, ham hock & parsley terrine, marinated olives, rustic breads with balsamic dipping oil and ratatouille chutney</i>	

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SPECIALS

Starters

Rustic Welsh Rarebit, crispy bacon, spiced pear chutney	£4.95
Eggs Benedict (Ham, poached egg, hollandaise)	£4.95
Tartare of Salmon, crème fraîche, beetroot dressing	£6.95
Carpaccio of Beef, horseradish cream, roquette, Parmesan	£7.25
Seared scallops, cauliflower puree, raisin dressing	£8.25

Main Courses

Gratinée of Smoked Haddock, new potatoes, honey & mustard sauce	£8.95
Pot roast Chicken, fine herbs, vinaigrette, parisienne potatoes	£8.95
Sage crusted calves liver, cauliflower puree, sauce Diable	£9.25
Braised shin of Celtic Pride Beef, dauphinoise potatoes, spinach, red wine	£10.25
Aromatic Duck breast, pak choi, watercress sesame salad	£11.25

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