

## TAPAS, BREADS AND 'GRAZING' BOARDS

*Freshly baked breads and mini dishes available as a starter or side order*

<p>Marinated olives (V) <span style="float: right;">2.95</span> <i>With garlic, chilli, olive oil and herbs</i></p> <p>Turkish hummus and pesto (V) <span style="float: right;">3.75</span> <i>With warm pitta bread</i></p> <p>Rustic country bread basket <span style="float: right;">2.95</span> <i>With balsamic vinegar and extra virgin olive oil</i></p> <p>Corn nachos with cheese, guacamole &amp; sour cream (V) <span style="float: right;">3.95</span> <i>With chilli beef £4.50</i></p>	<p>Sweet potato wedges (V) <span style="float: right;">3.75</span> <i>With sweet chilli sauce and mayo</i></p> <p>'GRAZE' Mediterranean sharing board for 2 <span style="float: right;">9.95</span> <i>Mixed Italian cured meats, ham hock &amp; parsley terrine, marinated olives, rustic breads with balsamic dipping oil and ratatouille chutney</i></p> <p>'GRAZE' vegetarian sharing board (V) for 2 <span style="float: right;">8.75</span> <i>Marinated olives, sun-blushed tomato and paprika pâté, pesto, humus, pitta bread, rustic breads with balsamic dipping oil and ratatouille chutney</i></p>
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### STARTERS

*Some of our starters are also available as main dishes*

<p>'Graze' Soup of the day (V) <span style="float: right;">3.75</span> <i>Freshly made soup with crusty bread</i></p> <p>Garlic mushroom ragout (V) <span style="float: right;">4.75</span> <i>Mushrooms cooked with garlic &amp; cream served on rustic toast</i></p> <p>Salmon &amp; crab Thai style fishcake(s) <span style="float: right;">4.95 / 7.95</span> <i>Served with mixed leaves with a lime mayonnaise</i></p> <p>Pork &amp; Chicken Liver pâté with Penderyn Whisky <span style="float: right;">4.75</span> <i>Served in a kilner jar with toasted brioche and spiced pear chutney</i></p>	<p>Classic 70's style prawn cocktail <span style="float: right;">5.25</span> <i>Prawns, Marie Rose sauce, iceberg, lemon and brown bread &amp; butter</i></p> <p>Deep fried Perl Wen <span style="float: right;">5.95</span> <i>Crumbed Perl Wen (Welsh Brie), tomato chilli jam, mixed leaves</i></p> <p>Pantysgawn goats cheese stack <span style="float: right;">5.95</span> <i>Pantysgawn goats cheese baked on flat mushroom topped with red onion marmalade</i></p> <p>Char-grilled chicken Caesar salad <span style="float: right;">5.95</span> <i>Baby gem lettuce, new potatoes, boiled egg, Caesar dressing parmesan cheese</i></p>
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### PASTA, RISOTTO & PIZZA

*All of our pasta and risotto dishes are also available as main dishes*

<p>Linguine pomodoro (V) <span style="float: right;">5.75 / 7.75</span> <i>Linguine with spicy tomato sauce</i></p> <p>Tagliatelli with basil pesto (V) <span style="float: right;">5.95 / 7.95</span> <i>With pine nuts, black olives, sun blushed tomatoes and parmesan</i></p> <p>Broad bean, pea and parsley risotto (V) <span style="float: right;">5.95 / 7.95</span> <i>Summery risotto with broad beans, peas and chopped parsley, pesto oil</i></p> <p>Tagliatelli Carbonara <span style="float: right;">5.95 / 7.95</span> <i>Classic tagliatelli, bacon, cream, garlic and Parmesan</i></p>	<p>'GRAZE' Spicy 'Posh' Pizza <span style="float: right;">7.95</span> <i>Rustic Focaccia topped with chorizo, roquito peppers, red onion and mozzarella,</i></p> <p>'GRAZE' Vegetarian 'Posh' Pizza <span style="float: right;">7.95</span> <i>Rustic Focaccia topped with mushrooms, sun blushed tomatoes, peppers, artichokes and mozzarella'</i></p> <p>'GRAZE' DIY 'Posh' Pizza <span style="float: right;">7.95</span> <i>Rustic Focaccia topped with, choice of three – prosciutto, sun blush tomatoes, red onion, Ham, mushrooms, roquito peppers, chorizo, sweetcorn, tuna, kebab meat</i></p>
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### SUMMER SALADS

<p>Char-grilled chicken Caesar salad <span style="float: right;">8.95</span> <i>Baby gem lettuce, new potatoes, boiled egg, Caesar dressing parmesan cheese</i></p> <p>Roasted salmon niçoise <span style="float: right;">9.95</span> <i>Salmon fillet roasted with Halen Mon spiced sea salt, fine beans, new potatoes Cherry tomatoes, black olives, boiled egg and pesto dressing</i></p>	<p>Chunky Indonesian summer vegetable salad (V) <span style="float: right;">6.95</span> <i>New potatoes, fine beans, cauliflower, bean sprouts, cucumber, carrot &amp; spicy peanut dressing</i></p> <p>Pantysgawn goats cheese &amp; beetroot salad (V) <span style="float: right;">7.95</span> <i>Crumbled Pantysgawn goats cheese, mixed leaves, sun-blush tomato, spring onion and beetroot relish</i></p>
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### MEAT, FISH, BURGERS & PIES

*All our main courses are served with a selection of vegetables or chunky chips or side salad*

<p>Chicken, bacon, leek &amp; tarragon pie <span style="float: right;">7.95</span> <i>Chicken and bacon in a Collier's Cheddar sauce with leeks &amp; tarragon, topped with puff pastry</i></p> <p>Spiced butternut squash and coconut (V) <span style="float: right;">7.95</span> <i>Butternut squash cooked with coconut, mild spices and lime pickle served with cous cous and pitta bread</i></p> <p>6oz Celtic Pride Beef burger <span style="float: right;">7.95</span> <i>6oz prime beef burger, focaccia bun, salad, red onion marmalade, mayo and chips Customise your burger – add Bacon 75p, cheese 75p, onion rings 75p</i></p> <p>Steak, mushroom &amp; Guinness pie <span style="float: right;">8.95</span> <i>Prime steak braised with Guinness and mushrooms topped with puff pastry</i></p> <p>Fish &amp; chips <span style="float: right;">8.95</span> <i>Ask your server for this week's fish in our special tempura batter with chips and mushy peas</i></p> <p>Lamb Tagine Moroccan style <span style="float: right;">10.50</span> <i>Tender lamb with authentic African spices served with cous cous and pitta bread</i></p> <p>Veggy style burger <span style="float: right;">7.95</span> <i>Griddled flat mushroom and mozzarella on rosemary focaccia, salad and red onion marmalade</i></p>	<p>Rump steak <span style="float: right;">9.95</span> <i>8oz British rump steak with chips</i></p> <p>Gammon steak <span style="float: right;">8.95</span> <i>Gammon steak with fried egg and roasted fresh pineapple</i></p> <p>Sausage &amp; mash <span style="float: right;">7.95</span> <i>3 pork &amp; leek sausages with creamy mash and caramelized red onion gravy</i></p> <p>Curry of the day <span style="float: right;">7.95</span> <i>A choice of curries is available served with pilau rice, popadom and naan bread</i></p> <p>Spanish style chorizo chicken <span style="float: right;">9.95</span> <i>Butterfly chicken breast marinated with chorizo, griddled and served on sweet potato mash, fine beans, tomato chilli jam and sour cream</i></p> <p>Chicago BBQ beef <span style="float: right;">11.50</span> <i>Celtic Pride beef braised in BBQ sauce until melting, served with spring onion mash</i></p> <p>Shepherds Pie <span style="float: right;">10.50</span> <i>Welsh lamb shoulder slow braised with aromatic herbs, flaked into a rich redcurrant and mint jus, topped with whipped potatoes and Collier's mature Cheddar</i></p> <p>10oz Celtic Pride Sirloin steak <span style="float: right;">13.50</span> <i>Prime Welsh sirloin of beef served with chunky chips, grilled tomato and mushroom, Add peppercorn or garlic butter sauce £1.50 each (uncooked weight)</i></p>
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### SIDE ORDERS

<p>Chunky chips <span style="float: right;">2.95</span></p> <p>Garlic bread <span style="float: right;">2.95</span></p> <p>Garlic mushrooms <span style="float: right;">2.50</span></p>	<p>Mixed seasonal buttered vegetables <span style="float: right;">2.50</span></p> <p>Mixed side salad <span style="float: right;">2.95</span></p> <p>Onion rings <span style="float: right;">1.75</span></p>
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JOIN US FOR  
SUNDAY  
ROAST  
FROM £8.95

MONDAY  
NIGHT  
CURRY AND  
A PINT £7.95

WEDNESDAY 2  
STEAKS AND  
BOTTLE OF  
WINE  
£20.00

2 COURSES  
FOR £9.95  
MON-THURS  
5-7PM  
(SPECIAL MENU)

JOIN US FOR  
SUNDAY  
ROAST  
FROM £8.95

Please inform the duty Manager in the event that you have any special dietary requirements or if you are sensitive or allergic to any of our ingredients

We trust that you will enjoy your meal. GRAZE is an independent restaurant owned and managed by CAPITAL CUISINE, if you have any comments or suggestions please tell the manager or write to Capital Cuisine, Unit 4a Swanbridge Court, Bedwas House Ind Est, Caerphilly, CF83 8DW